

- Our Daily Bread
- Important dates to remember
- Principal's Report
- Classroom happenings
- Community events

Carnarvon Christian School Board

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Strengthened through Trials

Bible in a Year: **2 Chronicles 30-31; John 18:1-18**

'We know that suffering produces perseverance; perseverance, character; and character, hope.'
Romans 5:3-4

Today's Scripture & Insight

The memories flooded back when I rustled through some envelopes and glimpsed a sticker that said "I've had an eye test". In my mind I saw my four-year-old son proudly wearing the sticker after enduring stinging eye drops. Because of weak eye muscles, he had to wear a patch for hours each day over his strong eye—thereby forcing the weaker eye to develop. He also needed surgery. He met these challenges on by one, looking to us as his parents for comfort and depending on God with childlike faith. Through these challenges he developed resilience.

People who endure trials and suffering are often changed by the experience. But the apostle Paul went further and said to "glory in our sufferings" because through them we develop perseverance. With perseverance comes character; and with character, hope (Romans 5:3-4). Paul certainly knew trials—not only shipwrecks but imprisonment for his faith. Yet he wrote to the believers in Rome that "hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit" (v. 5). The apostle recognized that God's Spirit keeps our hope in Jesus alive when we put our trust in Him.

Whatever hardships you face, know that God will pour out His grace and mercy on you. He loves you.

By: **Amy Boucher Pye**

From our Daily Bread

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*Take a look
at the
Important
dates to
remember*

REFLECT & PRAY

How have trials and challenges actually helped you trust God more? How could you commit yourself to His care in what you currently face?

Ever-loving God, You promise that You'll never leave me. Help me to hold on to Your promises even when I'm struggling.

From our Daily Bread

Important dates to remember

Cross country running training (wk1-9) (Y3-6)

Pyjama Day - Thursday 15th of June (wk8)



Cross country Carnival (Y3-6)—Thursday 22nd of June (wk 9)

Winter Carnival (Y3-6)—Friday 23rd of June (wk 9)

Baked goods stall at school Mon—Tues (26-27th of June, wk 10)

End of term Assembly—Tuesday 27th of June (wk10)

Last day of term 2— Thursday 30th of June

Principal's Report

Dear Parents/Caregivers

The July school holidays are rapidly approaching. Teachers are hard at work writing reports which will be released in week 10 on Wednesday 28th June. This semester, we will be trialling online reports for the Year 4/5/6 students. This will be done using Gradexpert which is our school management system. The reports will only be visible to parents and can be downloaded if you so wish. If you have trouble accessing or downloading the report please feel free to request a hard copy at front office. Further information to follow for parents of year 4, 5, 6 parents.

Gascoyne Cross Country Race

A core group of CCS students and former students have been hard at work training for the race. I have been very impressed with their enthusiasm and efforts as they leave their warm beds to brave the cold every Monday, Wednesday and Friday morning.

Next Thursday, we will be hosting the Gascoyne Cross Country Race. Students (Years 3 - 6) from across the Gascoyne will gather at the CCS school oval and run a circular route along Babbage Island Road, then turn along a track next to the Levee banks back to CCS. Years 3 - 5 run 1.5 km and the Year 6 children run 3 km. Carnarvon School of the Air will be running a Sausage Sizzle and selling drinks at the event. Please come along and support our students.

Principal's Report

Making Compost

Last year, CCS, was successful in getting a Waste Wise Schools grant. Some of the money was used to purchase a worm farm and compost tumblers.

Our students have been researching how to make compost. Indeed each class has its own tumbler and will be trying to make sweet smelling, nutrient enriched compost! We are looking for vegetable scraps to add to our bins so if you have some left overs, please send them along.

Science PL

On our student free day, teachers completed professional learning promoting STEM. (Science, Technology, Engineering and Mathematics)

An outcome of the day, is that as a school, we will be studying the Mighty Gascoyne River as part of a focus on Ecosystems.

I am looking for old aerial photographs of the Gascoyne River which show how the course of the river has changed over the past century. If you have any or are able to direct me as to how to find them, I would be very appreciative.

Out and about the Class Rooms

Neon Day



Children, staff and teachers enjoyed a neon dress up day! Some good colourful costumes brightening up the school for the day.

Out and about the Class Rooms

Students of Year 1 have produced beautiful art pieces by creating their own prints inspired by artist Van Gogh's "The Starry Night".



Year 1s have been busier than ever preparing compost as part of the Waste Wise program. They are learning the importance of reducing waste in order to help the environment.

Out and about the Class Rooms

Pre Primary have been very busy this month. We have been outdoors and enjoying the sunshine as it warms us up after a cold morning. We enjoy watching bubbles float into the clear skies and try to catch them before they burst. The bike track has been put the test as we learn to ride safely without training wheels on bikes that were generously donated by the Carnarvon Police. Learning to follow road signs and signals, and watch for pedestrians are important safety rules.

In class we have been learning about the character and setting elements of storytelling through a study of Fairy Tales and the Gingerbread Man. We explored the properties of gingerbread playdough and created gingerbread playdough men. The playdough smelled so good, but we were not able to eat it. Baking gingerbread men that we could eat was very exciting. Licking the beaters and tasting the dough was quite delicious. In an attempt to save our Gingerbread Men from the sneaky fox, the children designed and built a boat to help him cross the river. Our boats were tested in water to see which would hold the most marbles before sinking. It was a very close competition with Elijah and Leo's boats holding over 120 marbles!

In the outdoor classroom we used some natural materials to show addition and subtraction number sentences. With a little creativity, the natural materials were transformed into snowmen and butterflies! Technology has been very exciting this term as we have explored the new collaborative and interactive Dojo Island. Children are able to enter the island as class members, play games and build their island together. We have even learned to take our own photos and videos, then load them into our digital Dojo portfolios. Stay connected to see how hard we are working.



Out and about the Class Rooms

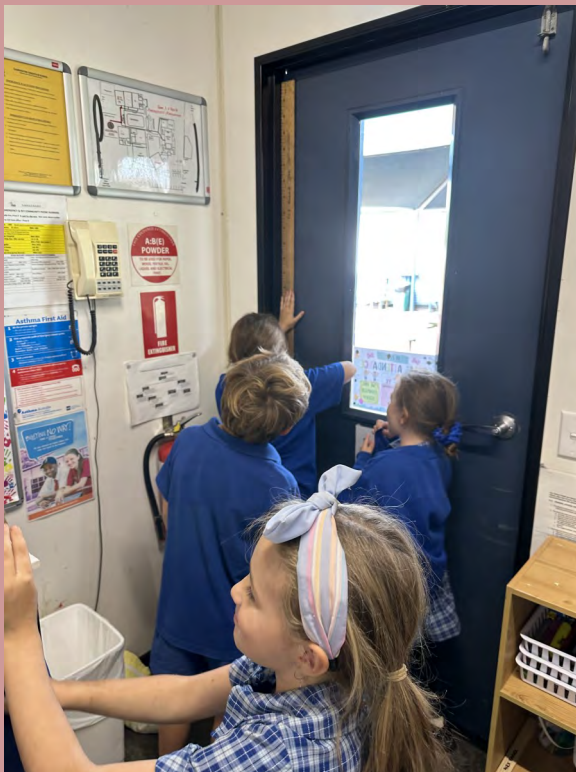


Brain Breaks

Learning all day can be exhausting for many children. In the Y2 and Y3 class, the children participate in short, sharp 'brain-break' activities in between work periods. This is a powerful and effective way to address self-regulation needs, help with attention and positively impact learning in the classroom. These breaks provide movement opportunities that help our children increase their concentration and allow them to re-group and re-focus - ready for the next learning task.

Learning by Doing

In the Year 2 and 3 class, we have been learning all about measurement... and what better way to understand the skill, than to immerse the children into actual measuring. In learning by doing, children were able to figure out why we need measuring devices and what appropriate unit of measurement to use with each object.



Community Events

The screenshot shows the website for 'The Push-Up Challenge' featuring a fundraising page for 'Babbage 6701'. The page includes a navigation menu with 'Merch', 'Find a Legend', 'Donate', 'Register', and 'Login'. A main banner displays the school's logo, the event name 'Babbage 6701', and the progress 'Push-Ups Completed 2,800' with a 'Join Us' button. A 'Funds Raised' section shows a progress bar from \$90 to a goal of \$500, with a 'How much will you donate?' section offering preset amounts (\$35, \$65, \$120, \$250) and a custom amount field. A 'Donate to Babbage 6701' button is at the bottom.

THE PUSH-UP CHALLENGE

Merch Find a Legend **Donate** Register Login

How it works About us Get Pushin Stories Get in touch

Babbage 6701
Push-Ups Completed 2,800
[Join Us](#)

Funds Raised

Raised **\$90** Goal **\$500**

How much will you donate?

\$35 \$65 \$120 \$250

\$ Or your best gift

[Donate to Babbage 6701](#)

About Our Challenge

In June, our Team Carnarvon Christian school is taking part in The Push-Up Challenge. We are going to help shine the spotlight on the number of lives lost to suicide in 2021 and raise awareness of mental health. Feel free to join us or support a team member who is taking part. Help us push for better mental health.

A few of the staff and teachers have signed up to the push-up challenge for June. The children are keen to join and support at recess and lunch breaks. From 1-23 June, we are smashing out 3,144 push-ups in the push for better mental health.





MY KIDS ROCK

Sing - Play - Connect

'My Kids Rock' is a 6 week program for parents/carers and their children under five years.

This is a FREE music-based program where parents/carers can bond with their children through song, rhythmic movement, storytelling and play.

Morning tea provided.
Tea/coffee available.
BYO water bottle.

Bookings preferred but not essential.

Email: gailnbrenno@gmail.com

When: 9:30 - 11:00am
Fridays
Starting 26 May - 30 June
Where: Church of Christ
149 Robinson Street,
Carnarvon

Supported by





*Exercise *Nutrition
*Mindfulness *Fasting

*Improve your health and vitality,
lose weight and develop fitness
and strength*

10 week health and fitness program :

Nutrition assessment
Gym classes and 10 week
free membership
Yoga/mindfulness classes
Garmin watch for step
counting



For further information visit:

www.carnarvonphysio.com.au/fit4life/
apply

or email the clinic:
admin@carnarvonphysio.com.au

Fit4Life Staff:

Marie Gane - Nutritionist
Brooke Gardner - Fitness Trainer
Czarina Baldovino - Physiotherapist
Brydie O'Halloran - Yoga/counsellor

Fit4Life Program Schedule 2023:

Group 1: April 24th - June 30th
Group 2: 17th July - 22nd September
Group 3: 19th October - 5th December

More programs coming in 2024
Get your applications in now as places
are limited!

Amazing Veggie Chilli

Prep and Cook: 1:30

Ingredients

- 2 red onions
- 2 sweet potatoes (250g each)
- 3 mixed-colour peppers
- 4 large ripe tomatoes
- Olive oil
- 1 tsp cumin seeds
- 1 tsp smoke paprika
- 4 cloves of garlic
- 1 lemon
- 1 x 400g tin of cannellini beans
- Hot chilli sauce
- 250g black rice
- 1 bunch of fresh mint (30g)
- 4 small flour tortillas
- 4 tbsp. natural yoghurt



Method

- Preheat a griddle pan to high.
- Peel the onions, scrub the sweet potatoes and deseed the peppers. Cut off a small chunk of each and put aside with one tomato (this is for the salsa later). Roughly chop the rest of the veg into 4cm chunks and halve the remaining tomatoes then chargrill, working in batches.
- Drizzle 1 tbsp. of oil into a large casserole pan over a medium-low heat and stir in the cumin and paprika.
- Peel, roughly chop and add the garlic, finely grate in the lemon zest, and add the grilled veg bit by bit as they're ready, stirring regularly.
- Tip in the beans (juices and all), and 1 1/2 tins' worth of water, then add around 1 tbsp. of chilli sauce (or to your liking). Season with sea salt and black pepper and simmer for 30 minutes, or until thickened and reduced.
- Meanwhile, cook the rice in a pan of boiling salted water according to the packet instructions..
- Pick 2 sprigs of mint leaves and very finely chop with the salsa veg, then toss with the lemon juice and season to taste with salt and pepper.
- Warm the tortillas on the griddle and ripple a good few shakes of chilli sauce through the yoghurt. Serve the chilli with the black rice, salsa, yoghurt and tortillas, and pick over the mint leaves. Enjoy!

BY JAMIE OLIVER <https://www.jamieoliver.com/recipes/vegetable-recipes/amazing-veggie-chilli/>

CARNARVON CHRISTIAN SCHOOL

Looking for a sea-change....then sunny Carnarvon in WA could be your next home.

Join our dedicated teaching team for Term 3 - 2023.

We are looking to employ an Early Childhood Teacher at our wonderful little school in Carnarvon.

- * Willingness to uphold Christian values while teaching at the school
- * TRBWA registered
- * Passionate about Teaching
- * Salary - relevant to qualifications and experience
- * Small single unit available for accomodation on school premises

*Please contact James
- 0899414533 or
james.shaw@ccs.wa.edu.au
for the requirements
for this position.*

<http://www.ccs.wa.edu.au>



The school is searching for Relief Teachers to join our small team in Carnarvon.

If you would like to be part of our wonderful School community please call CCS on 08 9941 4533.