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Carnarvon
Christian
School Board

Maureen Cosh - Chairperson

Theona Mitchell

- Member

Jean Beard

- Member

Jillian O'Brien

Member



Life-Giving Correction

Bible in a Year: Psalms 60-62; Romans 5

Whoever heeds life-giving correction will be at home among the wise.

Proverbs 15:31

Today's Scripture & Insight: Proverbs 15:31-33

"Unfortunately, we had a pretty hard conversation recently," said Shellie. "I don't think either of us enjoyed it, but I really felt her attitude and actions needed to be addressed in order to keep from hurting those around her." Shellie was talking about the young woman she mentors. Although uncomfortable, their conversation was fruitful and actually strengthened their relationship. Just a few weeks later, the two women led a church-wide prayer time with the theme of humility.

Even outside of a formal mentoring relationship, we'll face a tough conversation or two with a brother or sister in Christ. In Proverbs, a book full of timeless wisdom, the importance of humility in giving and receiving correction is a repeated theme. In fact, constructive criticism is called "life-giving" and leads to true wisdom (Proverbs 15:31). Proverbs 15:5 says a fool spurns discipline, while those who heed correction show good judgment. Put plainly, "the one who hates correction will die" (v. 10). As Shellie witnessed, truth spoken in love can bring new life to a relationship.

Is there someone in your life to whom a word of loving, life-giving correction should be spoken? Or perhaps you have recently received wise admonition and been tempted to respond with anger or indifference. To disregard discipline is to despise oneself, but to heed correction is to gain understanding (v. 32). Let's ask God to help us give and receive correction with humility today.

By: Karen Pimpo

From our Daily Bread

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Take a look
at the
Important
dates to
remember

REFLECT & PRAY

How do you handle constructive criticism? What does humility look like?

Dear God, I seek Your wisdom. Please give me a humble heart, ready to receive life-giving correction.

From our Daily Bread

Important dates to remember

Clean up Australia Day and half a day — Friday 3rd March (wk5)

Public holiday—Monday 6th of March (wk6)

Pupil free day —Friday 10th of March (wk6)



Crazy sock day—
Friday 17th of March (week 8)

Naplan testing Y1 & Y5 15th—27th of March

Interm Swimming—27th of March to 6th of April
Faction swim carnival— Friday 31st of March
Inter school swim carnival—Tuesday 4th of April

Trincipal's Report

Dear Parents/Carers

We are half way through term one already and it's flying by at breakneck speed. I can't remember ever having such a mild February in Carnarvon. Some nights even went close to needing more than a sheet! Let's hope March continues as mild also.

The Crazy Shirt and Hair Day was a real success with the majority of our children getting into the spirit of things and dressing for the occasion. There were some crazy get-ups and lots of fun was had by all. All moneys raised will be used to support our Indonesian Sponsor Family.

Our junior primary teachers are currently completing the Early Years On-Entry Assessment with each of their children. The assessment provides teachers with information about children's Literacy and Numeracy skills when they enter formal schooling at each year level. The teachers can then use this information to refine their teaching programs in order to best provide for the teaching/learning needs of their students.

Middle and upper school teachers have completed ACER OARS standardized Literacy and Numeracy testing which gives them one snapshot as to where their students sit compared with children of a similar age around Australia. This test is again completed at the end of the year to assist teachers gauge student progress.

Trincipal's Report

NAPLAN

All students in Years 3 and 5 undergo NAPLAN testing each year unless an exemption is applied for. Students sit assessments in writing, reading comprehension, conventions of language (spelling, punctuation and grammar) and numeracy.

The NAPLAN test window this year starts on Wednesday 15th March and finishes on Monday 27th March. CCS will schedule tests as early as possible in the window of opportunity and prioritise the first week for testing. All tests this year, except for Year 3 Writing, will be completed online.

As pointed out in NAPLAN information for parents and carers "NAPLAN is just one aspect of the school assessment and reporting process and provides teachers with additional information about students' educational progress." Therefore, if your child is sitting NAPLAN this year, it is extremely important that you convey to your child that it is just one more test and nothing to worry about. We do however want children to perform at their potential so please ensure they get their usual good night's sleep and healthy snacks for the day.

out and about the Class Roo



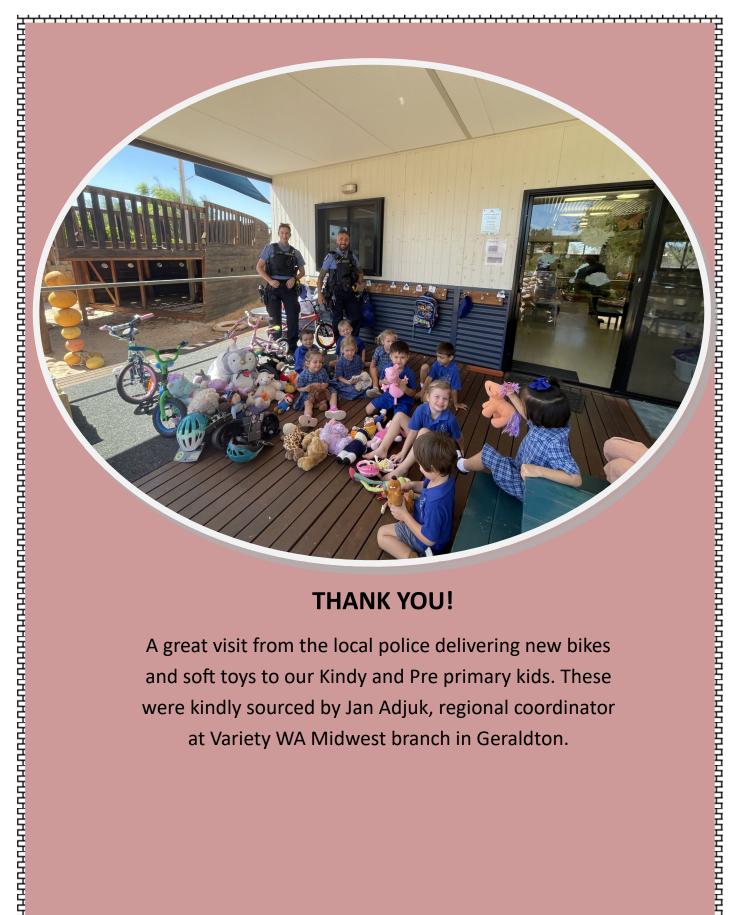
Crazy shirt and hair day was a great success and all the kids and even the teachers got involved in



out and about the Class Rooms



out and about the Class Rooms



THANK YOU!

A great visit from the local police delivering new bikes and soft toys to our Kindy and Pre primary kids. These were kindly sourced by Jan Adjuk, regional coordinator at Variety WA Midwest branch in Geraldton.



Multiple Dates

Inspire Hope | FREE After School Program | Carnarvon

Let your kids come along and enjoy a range of creative activities in a fun and relaxed space.

When and where

Group 1: Wednesdays, 3pm to 5pm, from 8th February 2023 Group 2: Thursdays, 3pm to 5pm, from 16th February 2023 HelpingMinds Office 5 Stuart Street Carnarvon, WA 6701

About this event

This fun workshop is designed to help children learn about the importance of mental health wellbeing while boosting their self-esteem and resilience. Kids will make new friends and create art in a calming and soothing environment.

Who

For youth aged 8-15 years old who have emotional difficulties or who are at risk of developing a mental health issue, or who have someone in their life experiencing mental health challenges.

Registration

Registration essential. Register your interest by emailing cyfs@helpingminds.org.au. For more information, contact us on (08) 9427 7100.







Keralan fish curry

by Jamie Oliver from Jamie Magazine

Ingredients

- 6 shallots
- 4 cloves of garlic
- 2.5 cm piece of ginger
- 1 fresh green chilli
- 750 g firm white fish
- oil
- 1 tsp mustard seeds
- 20 curry leaves
- 1 tbsp. chilli powder
- 1 tsp turmeric
- 1 x 400g tin of light coconut milk
- 1 x 400g tin of chopped tomatoes
- Few sprigs of coriander

Method

- Peel and finely slice the shallots, garlic and ginger. Trim and finely slice the chilli. Cute the fish into chunks.
- Heat a lug of oil in a large pan, add the mustard seeds and curry leaves and cook until the seeds start to pop.
- Add the shallot, garlic, ginger and chill and cook on a medium heat for 5 minutes, or until softened.
- Mix the chilli powder and turmeric together with a splash of water, and stir into the pan. Fry for 1 minute, than add the fish, coconut milk and tomatoes.
- Season, bring to the boil, then simmer for 20 minutes, or until the fish is cooked and the sauce has reduced.
- Pick, chop and scatter over the coriander leaves. Delicious served with basmatirice and warm naan bread.

Keralan fish curry recipe | Jamie Oliver curry recipe

Online safety

for parents and carers



Time online

Managing screen time and setting age-appropriate boundaries



Online gaming

Be aware of the risks so your child can enjoy the benefits of playing online games



Cyberbullying

Understand the risks and how to support your child if they are being bullied online

https://www.esafety.gov.au/parents

